# Thinking About Psychology: The Science of Mind and Behavior 2e

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## Methods Domain



## Introductory Chapter



#### Module 01

# Introduction and Careers

# The Definition of Psychology

#### Psychology

- The scientific study of behavior and mental processes.
  - -Uses scientific research methods.
  - Behavior includes all observable behavior.
  - Mental processes include thoughts,
     feelings and dreams.

Module 1: Introduction and Careers

## Careers in Psychology

### Popular Major

- 2<sup>nd</sup> most popular major in the country
- 70,000 receive degree in Psych each year
- Many majors outside of Psychology require at least an Intro. to Psych course
- Even if you don't plan to major in Psychology in college, receiving a qualifying score on the AP exam can benefit you

#### Table 1.1

## Top 10 U.S. Occupations That Employ People with a Psychology Degree

- 1. Top- and mid-level managers, executives, administrators
- 2. Sales occupations, including retail
- 3. Social workers
- 4. Other management-related occupations
- 5. Personnel, training, labor relations specialists
- 6. Other administrative (record clerks, telephone operators)
- 7. Insurance, securities, real estate, business services
- 8. Other marketing and sales occupations
- 9. Registered nurses, pharmacists, therapists, physician assistants
- 10. Accountants, auditors, other financial specialists

Source: From College majors handbook with real career paths and payoffs: The actual jobs, earnings, and trends for graduates of 60 college majors (2nd ed.), by N. P. Fogg, P. Harrington, & T. Harrington, 2004, Boston: Jist Works.

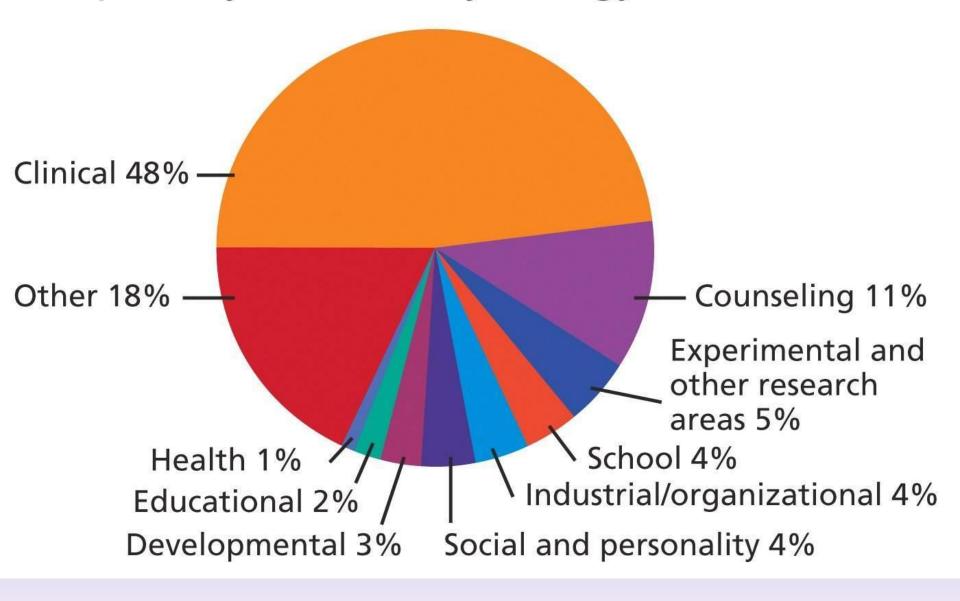
#### Psychologist

- Need a doctorate graduate degree
- May take 4-6 years to earn a doctorate in a subfield

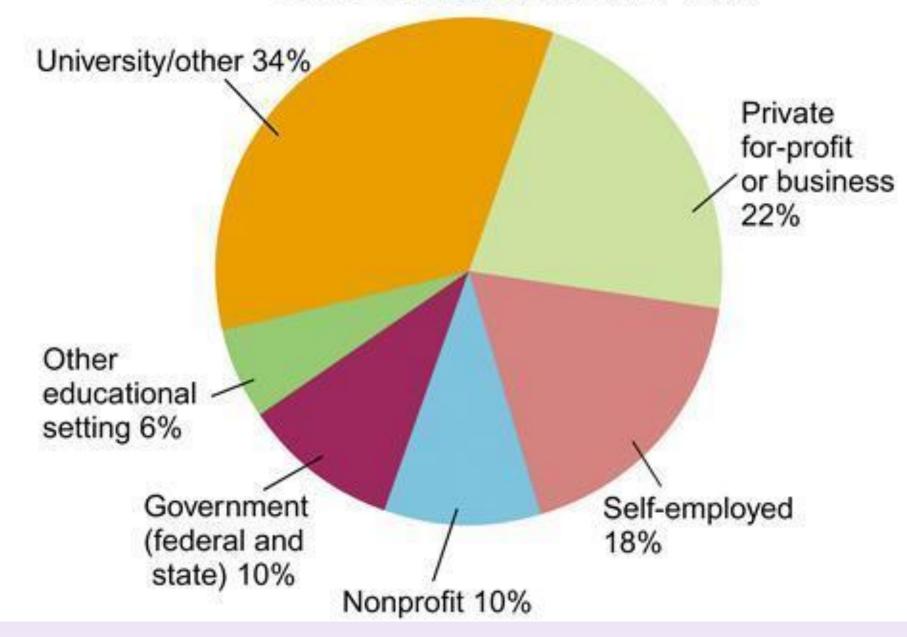
### Clinical Psychologist

- Diagnose and treat patients with psychological problems
- Largest number of professional psychologists

#### Specialty Areas In Psychology

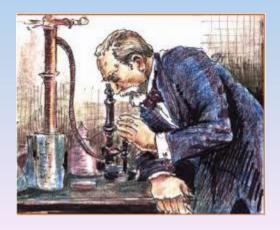


#### Where Do APA Psychologists Work?



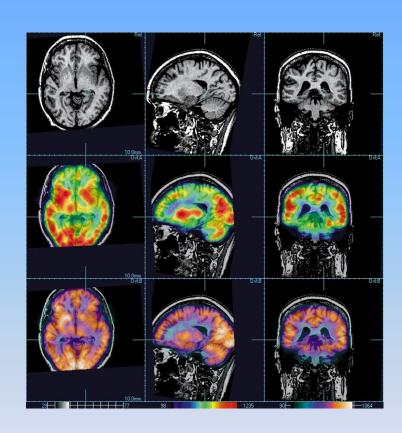
#### Basic Research

- Pure science or research
- Research for the sake of finding new information and expanding the knowledge base of psychology



#### Neuropsychologist

- Also called biological psychologists or biopsychologists
- Explore how the brain works
- Most often work in university/college settings



### Social Psychologist

- Explore how behaviors, feelings, and beliefs are influenced by others
- Study conformity, attitudes, leadership, prejudice, group behavior, etc.
- Work in the business setting, government, and universities



#### Developmental Psychologist

- Study the growth or development that takes place from the womb to death
- Work in senior centers, hospitals, daycares or universities

### Cognitive Psychologist

- Study *thought* processes including intelligence, problem solving, attention, decision making, language, etc.
- Work in educational settings and the business world



#### Experimental Psychologist

- Also called research psychologist
- Specialize in doing research in any of the other subfields
- Work at universities, for the government, or in a business setting



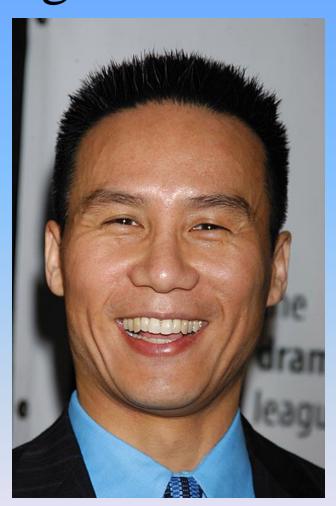
#### Applied Research

Research designed to solve specific practical problems



### Forensic Psychologist

- Apply law and psychology to legal issues
- Work in correctional settings, law enforcement, and academic settings



#### Sports Psychologist

- Explore psychological issues in improving athletic performance
- Work for sports teams or in private practice



#### Educational Psychologist

- Study how humans learn and how to improve the learning process
- Work in school systems, the government, or at universities



### Human-factors Psychologist

- Study how people and machines interact at home and in the workplace
- Try to minimize frustration for *individuals* and increase safety and production
- Work in the business world or for the government

# Industrial/Organizational (I/O) Psychologist



- Try to apply psychology to help *entire* businesses and organizations operate
- Might help hire the right people for a given job, suggest ways to promote job satisfaction, or look at how to change the overall work environment to maximize productivity
- Work for the government, business or in academic settings

#### School Psychologist

- Use psychology to improve the development of children in the school system
- Are involved in assessments (testing)
- Work for school systems, the government or universities

#### Consumer Psychologist

- Study why people buy certain products and not others
- Work in the business or academic world



#### Rehabilitation Psychologist

- Help those who have been involved in an accident or have been ill
- May help head injury or stroke victims for example, to help relearn language
- Work in medical rehabilitation centers



#### Health Psychologist

- Find ways to prevent disease and promote good health
- Work for health agencies, hospitals, rehabilitation centers, and universities



#### Social Worker



- Only need an undergraduate or masters degree in psychology or social work
- Work to improve the lives of others (resolve family problems, help find a job or housing, help w/ substance abuse)
- Work for the government, schools, and residential facilities

#### Table 1.2

#### Some APA Divisions by Number and Name

- 1. Society for General Psychology
- Society for the Teaching of Psychology
- 3. Experimental Psychology
- 5. Evaluation, Measurement, and Statistics
- 6. Behavioral Neuroscience and Comparative Psychology
- Developmental Psychology
- 8. Society for Personality and Social Psychology
- Society of Clinical Psychology
- 14. Society for Industrial and Organizational Psychology
- 22. Rehabilitation Psychology
- 23. Society for Consumer Psychology
- 29. Psychotherapy
- 30. Society of Psychological Hypnosis
- 34. Population and Environmental Psychology
- 35. Society for the Psychology of Women
- 36. Psychology of Religion
- 38. Health Psychology
- 40. Clinical Neuropsychology
- 43. Family Psychology
- 45. Society for the Psychological Study of Ethnic Minority Issues
- 46. Media Psychology
- 47. Exercise and Sport Psychology
- 48. Society for the Study of Peace, Conflict, and Violence: Peace Psychology Division
- 50. Addictions

## The End