

Songs About Mental Illness

0-9

- "-1 (Negative One)" by Mudvayne
- "19th Nervous Breakdown" by The Rolling Stones
- "21st Century Schizoid Man (Including Mirrors)" by King Crimson
- "4st 7lb" by Manic Street Preachers (about anorexia nervosa, girl who weighs 72 pounds and starves herself down to 63)
- "5150" by Van Halen ([5150 (Involuntary psychiatric hold)]) is a code used in the California legal system).
- "69 Tea" by Seether

A

- "A Better Place, A Better Time" by Streetlight Manifesto (anti-suicide: "so you're tired of living/and you feel like you might give in/well, don't/it's not your time")
- "A Better Son/Daughter" by Rilo Kiley (panic disorder: "You're weak, but not giving in")
- "A Boy and His Machine Gun" by Matthew Good Band (to a patient in a psychiatric hospital "did they stick you in here cause you weren't working right?")
- "A Good Man Is Hard To Find" by Sufjan Stevens (psychosis:"I once was better / I put off all my grief").
- "A Key To Nothing" by Mudvayne
- "A Manic Depressive Named Laughing Boy" by Modest Mouse
- "A Means to an End" by Joy Division
- "A Place for my Head" by Linkin Park
- "A Wedding in Cherokee County" by Randy Newman
- "Absolutely Bill's Mood" by They Might Be Giants (from perspective of a patient in a small rubber-lined room)
- "About To Crash" by Dream Theater
- "Addicted to Chaos" by Megadeth
- "Acute Schizophrenia Paranoia Blues" by The Kinks
- "A Drowning" by How To Destroy Angels
- "Aeroplane" by Red Hot Chili Peppers (Anthony Kiedis stated that the song referred to relapse of drug addiction)
- "After All" by Dar Williams (finding meaning in life after contemplating suicide, recovering from depression)
- "After Hours" by The Velvet Underground (agoraphobia)
- "Again" by Archive
- "Agoraphobia" by Incubus

- "Alcohol" by Barenaked Ladies
- "Alcohol" by The Kinks
- "All The Love In The World" by Nine Inch Nails
- "All the Madmen" by David Bowie (from perspective of a mental patient)
- "Alone I Break" by Korn
- "Always And Never" by Silverstein
- "Always Crashing In The Same Car" by David Bowie
- "Alzheimers" by Joy Zipper
- "Ambulance" by TV on the Radio
- "American Psycho" by D12
- "American Psycho II" by D12 f/ B-Real of Cypress Hill
- "Am I Going Insane (Radio)" by Black Sabbath
- "Am I Goning Crazy" by Korn
- "Ana's Song (Open Fire)" by SilverChair (about lead singer Daniel Johns' struggle with anorexia nervosa)
- "And All That Could Have Been" by Nine Inch Nails
- "Andre-N-Andre" by Andre Nickatina
- "Angel Of The Night" by Roy Harper
- "Angie Baby" by Helen Reddy (young woman "living in a world of make believe")
- "Animal I Have Become" by Three Days Grace
- "Annie's Anorexic" by Huntingtons
- "Another Stranger Me" by Blind Guardian
- "Anorexic Beauty" by Pulp
- "Anxiety" by Black Eyed Peas ("paranoia's brought me to my knees")
- "Anxiety" by Bad Religion
- "Anxiety" by Goldfinger
- "Anything But This" by Static-X
- "Are You Ready To Live" by Korn
- "Armatage Shanks" by Green Day
- "Asleep" by The Smiths
- "Ashes to Ashes" by David Bowie ("We know Major Tom's a junkie")
- "Atlantic" by Keane
- "Atrocity Exhibition" by Joy Division
- "Avalanche" by Leonard Cohen

B

- "Baby Britain" by Elliott Smith
- "Bad Brain" by The Ramones
- "Bad Habit" by The Dresden Dolls
- "The Ballad of Dwight Fry" by Alice Cooper ("see my lonely mind explode, when I've gone insane")
- "Basket Case" by Green Day (Billie Joe Armstrong's song about his struggle with anxiety)
- "Bath Of Least Resistance" by NOFX

- "Be All, End All" by Anthrax (anti-suicide: "Be all, and you'll be the end all, state of mind, euphoria")
- "Bed Of Razors" by Children of Bodom
- "Been Smoking Too Long" by Nick Drake
- "Beethoven (I Love to Listen to)" by Eurythmics (about obsessive-compulsive disorder)
- "Before I Hit The Rubber Room" by The Freeze
- "Behind Blue Eyes" by The Who ("Nobody knows what it's like, to be the bad man...")
- "Behind Grey Walls" by Richard Thompson
- "Be My Frankenstein" by Otis Taylor
- "Benzin" by Rammstein
- "Between A Laugh And A Tear" by John Mellencamp (anti-suicide: "and thats as good as it can get for us, and there aint no reason to stop tryin'")
- "Beyond the Grey Sky" by 311
- "Beyond The Realms Of Death" by Judas Priest
- "Beyond the Surface" by Kutless (mentions self-injury)
- "Bipolar" by Blonde Redhead
- "Bipolar" by Bowling for Soup
- "Bi-Polar" by Assemblage 23
- "Bi-Polar Bear" by Stone Temple Pilots
- "Bi-Polar Disorder" by The Lord Weird Slough Feg
- "Bi-Polar and Proud" by Cledus T. Judd
- "Black Crow Blues" by Bob Dylan (bipolar protagonist, sometimes "too high to fall", sometimes "so low, I don't know if I can come up at all")
- "Blackeyed" by Placebo
- "Blacken The Cursed Sun" by Lamb Of God
- "Bleed American" by Jimmy Eat World
- "Bleed It Out" by Linkin Park
- "Bleed Like Me" by Garbage
- "Bleeds No More" by Silverstein
- "Blind" by Korn
- "Blood Makes Noise" by Suzanne Vega
- "Borderline" by Sufjan Stevens
- "Bored" by Deftones
- "Born To Lose" by Social Distortion
- "Born Under Punches (and the Heat Goes On)" by Talking Heads
- "Bother" by Stone Sour
- "Bottled Up Inside" by Korn
- "Brain Damage" by Pink Floyd ("the lunatic is in my head"; later receives a lobotomy, "you raise the blade, you make the change")
- "Breakin'" by The Music
- "Breakdown" by Breaking Benjamin
- "Breaking the Habit" by Linkin Park
- "Brian Wilson" by Barenaked Ladies (narrator is obsessive-compulsive, compares himself to Brian Wilson)

- "Brilliant Mind" by Furniture
- "Broken Home" by Papa Roach
- "Bulimic" by The Used
- "Bulimic Beats" by Catatonia
- "Burn" by Nine Inch Nails
- "Burning Herself" by Harry Chapin (song about a masochist who burns herself with cigarettes)
- "By Myself" by Linkin Park

C

- "Camisado" by Panic! at the Disco
- "Cannibal Song" by Ministry
- "Can You Believe It" by The Bolshoi
- "Can You Hear Them?" by Ozzy Osbourne (schizophrenic singing about "all the voices in my head")
- "Can't (Halloween Valentine)" by Scarling.
- "Carrying Cathy" by Ben Folds
- "Cars and Calories" by Saves the Day
- "China Girl" by Iggy Pop

'China Girl' is a street name for a powerful opioid drug used for anesthesia and analgesia. It is also related to antipsychotic drugs such as Compazine, Mellaril, Stelazine, and Thorazine, "Street names for fentanyl include apache, china girl, china white, dance fever, friend, goodfella, jackpot, murder 8, TNT, and Tango and Cash", source www.drugabusehelp.com, A strong link exists between drug abuse and mental illness. This song's lyrics describe a man's growing anxiety and his relationship with the drug 'china girl'. "I could escape this feeling with my China Girl", hints at the drug nature of China Girl (he's looking for escape from a condition), and "It's in the whites of my eyes", "And when I get excited..." are hints of the elevated anxiety he experiences (the condition he needs to escape).

- "Cherry Blossom Clinic" by The Move
- "Chronic Schizophrenia" by Wesley Willis
- "Cinderella Man" by Rush (about a man whose transition from poverty to wealth has made him manic depressive)
- "Cigarettes and Chocolate Milk" by Rufus Wainwright
- "Clairvoyant Disease" by Avenged Sevenfold
- "Climbing up the Walls" by Radiohead
- "Cocoon" by Assemblage 23
- "Cold Brains" by Beck
- "Cold Water" by The Jesus Lizard
- "Colony" by Joy Division
- "Coffee and Cigarettes" by Augustana
- "Coma Black" by Marilyn Manson
- "Compulsive Prep" by Mest

- "Compulsive Psychosis" by Hypocrisy (band)
- "Consumed (Obsessive Compulsive)" by Spineshank
- "Counting" by Korn
- "Count to 6 and Die" by Marilyn Manson
- "Courage" By Superchick about having an eating disorder
- "Cracking" by Suzanne Vega
- "Crackle And Drag" by Paul Westerberg
- "Crawling" by Linkin Park
- "Crazy" by Barenaked Ladies
- "Crazy" by Gnarl's Barkley
- "Crazy Man Michael" by Fairport Convention
- "Crazy Train" by Ozzy Osbourne ("Mental wounds still screaming, driving me insane, I'm goin' off the rails on a crazy train")
- "Creep" by Radiohead
- "Crystal Ball" by Keane
- "Cut" by Plumb is about self-harm.

D

- "Daddy" by Korn
- "Damaged" by Black Flag
- "Damaged II" by Black Flag
- "Damage Case" by Motörhead
- "Danger - Keep Away" by Slipknot
- "Darkest Days" by Stabbing Westward
- "Dark Globe" by Syd Barrett
- "Day Is Done" by Nick Drake
- "Dead Inside" by Mudvayne
- "Dead Is The New Alive" by Emilie Autumn
- "Dead Skin" by Crossfade
- "Dead Souls" by Joy Division
- "Dear Mr. Fantasy" by Traffic
- "Decades" by Joy Division
- "Delicate Cutters" by Throwing Muses
- "Delusional" by Saves the Day
- "Dementia(The Precocious Symptoms Of Mental Perversion) " by Benighted
- "Depression" by Black Flag
- "Destroyer" by The Kinks (narrator has "paranoia, the destroyer")
- "Detachable Penis" by King Missile
- "Diary of a Madman" by Ozzy Osbourne (about manic depression: "voices in the darkness, scream away my mental health")
- "Did My Time" by Korn
- "Die Perfekte Welle" by Juli
- "Digging In The Dirt" by Peter Gabriel
- "Diluted" by Slipknot
- "Ding Dong" by Nellie McKay

- "Dirty" by Korn
- "Dirty Creature" by Split Enz
- "Dirty Business" by The Dresden Dolls
- "Dirty Knife" by Neko Case
- "Disciple" by Slayer
- "Disconnected" by Rollins Band
- "Disorder" by Goldfinger
- "Disorder" by Joy Division
- "(Don't Fear) The Reaper" by Blue Öyster Cult (Buck Dharma denied that the song was about murder-suicide; listeners disagreed about the meaning of "40,000 men and women everyday like Romeo and Juliet" who "redefine happiness")
- "Don't Let Me Be Misunderstood" by Nina Simone and covered by The Animals
- "Don't Talk to Strangers" by Dio (about social anxiety disorder: "Don't talk. Don't let them inside your mind. Run away! Run away!")
- "Down in It" by Nine Inch Nails (depression: "I was up above it, now I'm down in it")
- "Down On Me" by Janis Joplin (persecution complex-- "everybody in this whole round world, they're down on me")
- "Down With The Sick" by Disturbed
- "Do You Call My Name" by Ra
- "Dream Police" by Cheap Trick (paranoia in nightmares "they're driving me insane, these men inside my brain")
- "Drive" by The Cars (implies relationship with an alcoholic or addict in denial "You can't go on thinking, nothings wrong"; "Who's gonna hold you down when you shake?")
- "Dr. Jekyll and Mr. Hyde" by The Who (analogy made in discussing alcoholism; "When I drink my potion, my character changes")
- "Duality" by Slipknot
- "Dull Boy" by Mudvayne

E

- "Ease Your Feet In The Sea" by Belle & Sebastian
- "Easier to Run" by Linkin Park
- "Eaten Up Inside" by Korn
- "Eleanor Rigby" by The Beatles
- "Electro-Shock Blues" by Eels
- "Elktooth" by Woven Hand
- "Ellsworth" by Rascal Flatts (about Alzheimer's)
- "Emotion Sickness" by Silverchair
- "Emergency Exit" by Beck (suicide)
- "Empty" by Anathema
- "E.M.P.T.Y." by The Clientele
- "Eraser" by Nine Inch Nails
- "Escape" by Muse
- "Evaporated" by Ben Folds Five

- "Escher" by Teenage Fanclub
- "Everlone" by The Wildhearts
- "Everybody Hurts" by R.E.M. (told from the point of view of someone comforting a friend who is suicidal)
- "Everybody Knows That You Are Insane" by Queens of the Stone Age
- "Everything Ends" by Slipknot
- "Everything For Free" by K's Choice
- "Everything is Alright" by Motion City Soundtrack
- "Excitable Boy" by Warren Zevon
- "Eyeless" by Slipknot

F

- "Fade to Black" by Metallica
- "Faint" by Linkin Park
- "Fall to Pieces" by Velvet Revolver
- "Fallen" by Shape of Despair
- "Falling Away From Me" by Korn
- "Fear Is A Man's Best Friend" by John Cale
- "Fetal Infection" by GGFH
- "Fiending Korpse" by GGFH
- "Figure.09" by Linkin Park
- "Fire and Rain" by James Taylor (recovery from depression)
- "Firestarter" by Jimmy Eat World (antisocial disorder)
- "Fix Me" by Rise Against
- "Flagpole Sitta" by Harvey Danger (paranoid schizophrenia: "I'm not sick, but I'm not well")
- "Flying High Again" by Ozzy Osbourne
- "Forget To Remember" by Mudvayne
- "Frankie Teardrop" by Suicide
- "Free Fall" by In Flames
- "Frenetic Amnesic" by CKY
- "From The Inside" by Alice Cooper (The entire album was inspired by persons Cooper met while hospitalized for alcoholism)
- "Frontier Psychiatrist" by The Avalanches
- "Funny Farm" by Dr. Demento

G

- "Garden Grove" by Sublime
- "Gary Gilmore's Eyes" by The Adverts
- "Girl Anachronism" by The Dresden Dolls
- "Gimme Gimme Shock Treatment" by The Ramones
- "Given Up" by Linkin Park
- "Go Mental" by The Ramones
- "God of Wine" by Third Eye Blind

- "Good for You" by Third Eye Blind (obsession and denial "Everything is fine, I'm lonely all the time" and "There's nothing wrong, just don't take too long.")
- "Goodnight Kiss" by Dream Theater
- "Gone" by Bouncing Souls
- "Gotta Get Away" by The Offspring
- "Gravity" by The Dresden Dolls

H

- "Happiness" by Regurgitator
- "Happy?" by Mudvayne
- "Happy House" by Siouxsie & the Banshees (set in an asylum)
- "Hands" by GGFH
- "Hate Me" by Blue October ("I'm sober now for 3 whole months it's one accomplishment that you helped me with")
- "Having a Blast" by Green Day (suicide)
- "Headfirst for Halos" by My Chemical Romance
- "Heart and Soul" by Joy Division
- "Heart Shaped Box" by Nirvana
- "Heartworms" by Coil
- "Heimdalsgate Like a Promethean Curse" by Of Montreal
- "Hell - Symmetry" by Laibach
- "Here To Stay" by Korn
- "Heroin and Prozac, Revisited" by The Brian Jonestown Massacre
- "Hey Daddy" by Korn
- "Hey Foxyphandlemama, Thats Me" by Pearl Jam (includes recorded statements from real patients in a mental hospital)
- "Hey, Hey, I'm Down" by purescence
- "Hey Man Nice Shot" by Filter
- "High Of '75" by Relient K ("And lately the weather / Has been so Bi-polar / And Consequently so have I")
- "Hit the Floor" by Linkin Park
- "Hold on" by Kim Wilde (lyric)
- "Holy" by The Golden Palominos
- "Hopeless Bleak Despair" by They Might Be Giants
- "Horse Doctor Man" by The Jesus Lizard
- "House Of The Crosses" by Otis Taylor
- "Howard Hughes" by Rasputina (About the obsessive behavior of the eccentric billionaire)
- "How Many Six Packs Does it Take to Screw in a Light?" by American Music Club
- "How Soon Is Now?" by The Smiths
- "How To Disappear Completely" by Radiohead
- "How to Fix Everything" by Bayside (about self-injury)
- "Hurt" by Nine Inch Nails and covered by Johnny Cash (drug addiction and guilt)
- "Hyde" by Savatage

- "Hypermania" by Therapy?
- "Hysteria" by Muse

I

- "I Broke Up" by Xiu Xiu
- "I Do Not Want This" by Nine Inch Nails
- "I Don't Like Mondays" by The Boomtown Rats
- "I Don't Remember Loving You" by John Conlee
- "I Don't Want To Be The One" by Coil
- "I Go To Extremes" by Billy Joel
- "I Hear Voices" by MF Doom feat. MF Grimm
- "I Just Can't Be Happy Today" by The Damned
- "I'll Be That Girl" by Barenaked Ladies
- "I'll Sleep When I'm Dead" by Warren Zevon
- "Ill in the Head" by Dead Kennedys
- "I Luv the Valley OH!" by Xiu Xiu
- "I Me We Us Them" by Chris Mars
- "I'm Afraid Of Americans" by David Bowie feat. Nine Inch Nails
- "I'm Afraid of Me" by Culture Club
- "I'm Deranged" by David Bowie
- "I'm Going Slightly Mad" by Queen
- "I'm in Love with a Sociopath" by I Hate Kate
- "I'm Insane" by Ratt
- "Imn" by Mudvayne
- "I'm Only Sleeping" by The Beatles
- "I'm So Lonesome I Could Cry" by Hank Williams
- "I'm So Tired" by The Beatles
- "I Think I'm Gonna Kill Myself" By Elton John
- "Inhale" by Stone Sour
- "Inmates (We're All Crazy)" by Alice Cooper
- "In My World" by Anthrax
- "Insane" by Damien Rice
- "Insane" by Lighthouse
- "Insane" by Sugarcult
- "Insane Asylum" by Howlin' Wolf
- "Insane in the Brain" by Cypress Hill
- "Inside The Fire" by Disturbed
- "Insomnia" by Feeder (band)
- "Institutionalized" by Suicidal Tendencies (Note: This song was also covered by Senses Fail)
- "Into the Ocean" by Blue October
- "In The Crowd" by The Jam
- "I Remember Nothing" by Joy Division
- "Is It Any Wonder?" by Keane
- "Isolation" by Joy Division

- "I Think I'm Paranoid" by Garbage
- "I Think Of Demons" by Roky Erickson
- "It's A Shame About Ray" by The Lemonheads
- "It's Gonna Go Away" by Korn
- "It's Me Again" by Korn
- "It's On" by Korn
- "I Wanna Be Sedated" by The Ramones
- "I Wanna Be Well" by The Ramones

J

- "Jackie" by The New Pornographers
- "Jackie Blue" by Ozark Mountain Daredevils
- "Jackie's Delerium" by Hooverphonic
- "Jacob's Word" by Insane Clown Posse
- "Janitor of Lunacy" by Nico
- "Japanese Gum" by Her Space Holiday

The girl mentioned in "Japanese Gum" has Borderline Personality Disorder, and the boy mentioned is someone that desperately wants to help her.

- "Jeremy" by Pearl Jam
- "Joey" by Concrete Blonde
- "Johnny" by System of a Down
- "John Wayne Gacy Jr" by Sufjan Stevens
- "Jugband Blues" by Pink Floyd
- "Jump They Say" by David Bowie
- "Jumper" by Third Eye Blind

K

- "Katrina's Fair" by 10,000 Maniacs
- "Keep Out the Chill" by Vigilantes of Love
- "Keine Lust" by Rammstein
- "Kill for Weed" by Cephalic Carnage

Some versions of this lyrics for this song (though not the ones that accompany the Anomalies album) include "this is a song about a schizophrenic, I met on the street, told me how he killed for weed".[citation needed]

- "King Midas In Reverse" by The Hollies
- "Kitchen Towel" by Otis Taylor
- "Knockin 'Round the Zoo" by James Taylor

L

- "Largactyl" by Amebix
- "Last Resort" by Papa Roach
- "Last Straw" by Jack's Mannequin
- "Lead The Parade" by Korn
- "Lean On Me (I Won't Fall Over)" by Carter The Unstoppable Sex Machine
- "Leave Me Alone (Ruby Red Dress)" by Helen Reddy
- "Let's Get This Party Started" by Korn
- "Levon" by Elton John
- "Light as a Feather, Stiff as a Board" by Untitled
- "Lithium" by Evanescence
- "Lithium" by Nirvana
- "Lithium Shifts" by Tortoise
- "Lithium Sunset" by Sting
- "Little Green Bag" by George Baker Selection
- "Living to Die" by Hypocrisy (band)
- "Longview" by Green Day
- "Loaded Gun" by The Reverend Horton Heat
- "Looney Tune" by Alice Cooper
- "Lost in the Supermarket" by The Clash
- "Lotion" by GreensKeepers
- "Love Song" by Korn
- "Lucretia" by Megadeth
- "Lucky 4 You (Tonight I'm Just Me)" by SHeDAISY
- "Lunatic To Love" by The Presidents of the United States of America
- "Lucy at the Gym" by Jill Sobule

M

- "Madhouse" by Anthrax
- "MadHouse" By Insane Clown Posse
- "Madman Across the Water" by Elton John
- "Mad World" by Tears for Fears
- "Make Me Bad" by Korn
- "Mania" by Throwing Muses
- "Maniac Dance" by Stratovarius
- "Manic Depressive" by Insane Clown Posse
- "Manic Depression" by Emilie Autumn
- "Manic Depression" by Jimi Hendrix

This song describes both the euphoric highs associated with creating music ("Music, sweet music/I wish I could caress") as well as the desperation and suicidal tendencies perhaps associated with mixed states ("Really ain't no use in me hanging around").

- "Man in a Shed" by Nick Drake
- "Man in the Box" by Alice in Chains
- "Mary Jane" By Alanis Morissette

- "Mary Jo" by Belle & Sebastian
- "Masochism Tango" by Tom Lehrer
- "Me and Mia" by Ted Leo and the Pharmacists (about anorexia and bulimia)
- "Me and the Moon" by Something Corporate
- "Meds" by Placebo
- "Medication" by Garbage
- "Medication" by Modest Mouse
- "Megalomania" by Muse
- "Mein Teil" by Rammstein
- "Medicine Bottle" by Red House Painters
- "Melancholia" by The Who
- "Mellow My Mind" by Neil Young
- "Memory Lane" by Elliott Smith

Describes being placed on a psych ward.

- "Mental" by Eels
- "Mental Emotions" by Hypocrisy (band)
- "Mental Games" by Rufio
- "Metabolic" by Slipknot
- "Mind War" by Sepultura

"Mind War" could generally describe mental illness, but the following lyrics seem to be especially true of those who suffer from bipolar illness: "Is there ever focus/When you plan things out/Gods hands Gods fault/Just drunk with power".

- "Mine Mine Mind" by Roky Erickson and the Aliens
- "Mirror" by BarlowGirl ("Mirror, Mirror on the wall, Have I got it?/ 'Cause Mirror you've always told me who I am..." about body image)
- "Mirror In The Bathroom" by The (English) Beat
- "Misunderstood" by Wilco
- "Modern Chemistry" by Motion City Soundtrack
- "Moments" by Red House Painters
- "Monster" by The Automatic
- "Montana" by John Linnell
- "Mother" by The Police
- "Mother Stands for Comfort" by Kate Bush

The song is about a madman finding comfort in his mother. The lyrics "Make me do this, make me do that..." are about the voices in his head.

- "Mother's Little Helper" by The Rolling Stones

This song is about Valium addiction.

- "Mr. Self-Destruct" by Nine Inch Nails

- "Multiple Myself" by Violent J
- "Mutter" by Rammstein
- "Mutterlein" by Nico
- "My Own Summer (shove it)" by Deftones
- "My Violent Heart" by Nine Inch Nails

N

- "Narben" by Subway to Sally
- "Narcolepsy" by Ben Folds Five
- "Narcolepsy" by Third Eye Blind
- "Narcissist" by Chasing Katie
- "Natalie Marie and 1 C.C. by The Spill Canvas
- "Needle In The Hay" by Elliott Smith

This song is about addiction as well as depression.

- "Nervous Breakdown" by Black Flag
- "Never Around" by Korn
- "Never Knew" by Aero
- "Night and Day" by The Good Life

Discusses self-harm, specifically cutting

- "Nightminds" by Missy Higgins

About depression. The lyrics speak for themselves, for example "And in our honesty, together we will rise, out of our nightminds, and into the light at the end of the fight...".

- "No Man's Land" by Alice Cooper

Clearly mentions the singer as having more than one personality.

- "No Place For You" by Paul Westerberg
- "No Rain" by Blind Melon
- "No Self-Control" by Peter Gabriel
- "Nobody Home" by Pink Floyd
- "Nobody's Listening" by Linkin Park
- "Not an addict" by K's Choice
- "Not Falling" by Mudvayne
- "Nothing Lasts Forever" by So Shush
- "Nothing To Gein" by Mudvayne
- "Not There" by James
- "No Way" by Korn
- "Nowhere Man" by The Beatles
- "Nowhere Fast" by The Smiths

- "Numb" by Linkin Park

O

- "Oildale (Leave Me Alone)" by Korn
- "On a Plain" by Nirvana
- "One of My Turns" by Pink Floyd
- "One Step Closer" by Linkin Park
- "One Weak" by Deftones
- "Ophelia" Natalie Merchant
- "Opheliac" By Emilie Autumn
- "Outburst" by Wesley Willis
- "Out of Mind" by The Cure
- "Out of Mind" by Queensrÿche from Promised Land (album)
- "Out of My Depth" by Everclear
- "Out The Window" by Violent Femmes
- "Otherside" By Red Hot Chili Peppers
- "Overkill" by Men at Work

P

- "Pain" by Three Days Grace
- "Paint It Black" by The Rolling Stones
- "Panic" by Coil
- "Panic Attack" by Dream Theater
- "Panic Attack" by Finger Eleven
- "Panic Attack" by Sobriety's Rejects
- "Panic Attack" by The Paddingtons
- "Panic Song" by Green Day
- "Paper Bag" by Fiona Apple
- "Papercut" by Linkin Park
- "Paranoia" by Benighted
- "Paranoiattack" by The Faint
- "Paranoid" by Black Sabbath
- "Paranoid Android" by Radiohead
- "Paranoid Eyes" by Pink Floyd
- "(Pardon Me) I've Got Someone To Kill" by Johnny Paycheck
- "Passover" by Joy Division
- "Perfect Blue Buildings" by The Counting Crows
- "Perfect" by Alanis Morissette
- "Perpueral Cannibalism" by Benighted
- "Personality Crisis" by New York Dolls
- "People = Shit" by Slipknot
- "Phil Geraghty"
- "Piggy" by Nine Inch Nails
- "Poem" by Taproot

- "Predictable" by Korn
- "Prelude 3.0" by Slipknot
- "Pretty Paracetamol" by Fischer-Z
- "Prize Of Beauty" by My Dying Bride
- "Prozac" by Dexter Freebish
- "Prozac People" by Killing Joke
- "Prozac Vs. Heroin" by The Brian Jonestown Massacre
- "Psycho" by Elvis Costello
- "Psycho" by Leon Payne
- "Psycho" by The Sonics
- "Psycho Killer" by Talking Heads
- "Psycho Therapy" by The Ramones
- "Psychotic Reaction" by The Count Five

Q

R

- "Rainy Day in June" by The Kinks
- "Rainy Day Parade" by Jill Sobule
- "Razor" by Foo Fighter (about cutting)
- "Ready 4 Whatever" by 2Pac
- "Rehab" by Amy Winehouse
- "Rental Car" by Beck
- "Rippin Kittin" by Golden Boy with Miss Kittin
- "Ritalin 202" by The Pillows
- "River Below" by Billy Talent
- "River Man" by Nick Drake
- "Rope Ends" by Pain of Salvation
- "Roses In The Hospital" by Manic Street Preachers
- "Rosetta Stoned" by Tool
- "Round Here" by Counting Crows
- "Rubber Room" by Porter Waggoner
- "Runaway" by Linkin Park
- "Russian Roulette With A Trigger Happy Manic Depressive" by Eighteen Visions

S

- "Sad Lisa" by Cat Stevens
- "Sadie" by Alkaline Trio
- "Sam Hall" by Tex Ritter
- "Save Me" by Queen
- "S.I.N." by Ozzy Osbourne
- "Scarecrow" by Beck
- "Scars" by Papa Roach
- "Scars & Stitches" by Guster

- "Schizophrenia" by Sonic Youth
- "Schizophrenic Conversations" by Staind
- "Scissors" by Slipknot
- "Seasick, Yet Still Docked" by Morrissey
- "Seed" by Korn
- "Seen It All" by Korn
- "See The Constellation" by They Might Be Giants
- "Sempre In Bilico" by Negazione
- "SFC (So Fuckin' Crazy)" by Silvertide
- "Shadow Creator" by Skyfire
- "Shake the Disease" by Depeche Mode
- "She Cracked" by The Modern Lovers
- "She Misses Him" by Tim Rushlow (about Alzheimer's Disease)
- "She's Falling Apart" by Lisa Loeb
- "She's Got Issues" by The Offspring
- "She's Hearing Voices" by Bloc Party
- "She's Losing It" by Belle & Sebastian
- "She's Lost Control" by Joy Division
- "Shine On You Crazy Diamond" by Pink Floyd
- "Shitstorm" by Strapping Young Lad
- "Shooting Star" by Harry Chapin
- "Sick" by Lagwagon
- "Sick in the Head" by Six Feet Under
- "Since K. Got Over Me" by The Clientele
- "Six Degrees of Inner Turbulence" by Dream Theater
- "Skeleton Jar" by Youth Group (band)
- "Skin and Bone" by The Kinks
- "Skinny" by Filter
- "Skin Ticket" by Slipknot
- "Skitsofrantic" by Insane Clown Posse
- "Skullduggery" by James
- "Sleep The Clock Around" by Belle & Sebastian
- "Sleepless" by King Crimson
- "Slitwrist Ecstasy" by Shade Empire
- "Smashed Into Pieces" by Silverstein
- "Somebody Someone" by Korn
- "Someone Saved My Life Tonight" by Elton John
- "Something I Can Never Have" by Nine Inch Nails
- "Sophie" Eleanor McEvoy (about eating disorders "Sophie can not finish her diner, says she's eaten too much; Sophie's trying to make herself thinner. . . .)
Very sad song.

Elton John later explained that the song really was about a friend saving him from trying to commit suicide following the breakup of a relationship with a woman, when John was trying to convince himself and his fans that he was not, in fact, homosexual.[citation needed]

- "Sociopath" by Ampop

This song is a very good description of people with Antisocial Personality Disorder, or sociopaths

- "Soul to Squeeze" by Red Hot Chili Peppers
- "Sour Times" by Portishead
- "Space Dementia" by Muse
- "Special Fred" by Stephen Lynch
- "Stan" by Eminem
- "St. Anger" by Metallica
- "Stars" by Hum
- "Steven" by Senses Fail
- "Still Ill" by The Smiths
- "Still Life" by Iron Maiden
- "Stockholm Syndrome" by Muse
- "Strange Disease" by Prozzak
- "Strange Highways" by Dio

This song is about being unfairly locked up in a psychiatric hospital. "Don't even wonder, we do things our way here. Questions? These are forbidden. We got no answers. Believe us anyway."

- "Stranger To Himself" by Traffic
- "Strawberry Fields Forever" by The Beatles
- "Strawberry Gashes" by Jack Off Jill
- "Straw Hat And Old Dirty Hank" by Barenaked Ladies
- "String Bean Jean" by Belle & Sebastian
- "Stutter" by James
- "Sucked Out" by Superdrag
- "Suckerpunch" by Five Iron Frenzy
- "Suicidal Failure" by Suicidal Tendencies
- "Suicide" by Bobby Gaylor
- "Suicide" by Get Set Go
- "Suicide" by The Raveonettes
- "Suicide Solution" by Ozzy Osbourne
- "Sunny Skies" by James Taylor
- "Sunrise, Sunset" by Bright Eyes
- "Sweating Bullets" by Megadeth
- "Sweet Adeline" by Elliott Smith
- "Sweetest Perfection" by Depeche Mode
- "System" by In Flames

T

- "Take Me Home" by Phil Collins
- "Take This Life" by In Flames
- "Tearjerker" by Korn
- "Teenage Depression" by Eddie & The Hot Rods
- "They Coming To Take Me Away" by Lard
- "The Art of Suicide" by Emilie Autumn
- "The Becoming" by Nine Inch Nails
- "The Boy Done Wrong Again" by Belle & Sebastian
- "The Cutter" by Echo & the Bunnymen
- "The Downward Spiral" by Nine Inch Nails
- "The Enemy Is You" by Elliott Smith
- "The Eternal" by Joy Division
- "The Final Cut" by Pink Floyd
- "The Frayed Ends of Sanity" by Metallica
- "The Drugs Don't Work" by The Verve
- "The Gash" by The Flaming Lips
- "The Glass Prison" by Dream Theater
- "The Man Who Sold the World" by David Bowie
- "The Mayor" by Rasputina

Melora mentions on the A Radical Recital album that this song is about a mentally ill friend of hers.

- "The Night Santa Went Crazy" by "Weird Al" Yankovic
- "The Outsider" by A Perfect Circle
- "The Place I Love" by The Jam
- "The Positive Aspects of Negative Thinking" by Bad Religion
- "The Prize" by Guster
- "Therapy" by The Damned
- "The Real Me" by The Who covered by W.A.S.P.
- "The Red Telephone" by Love
- "The Rollercoaster Ride" by Belle & Sebastian
- "The Test That Stumped Them All" by Dream Theater
- "The Third Degree" by John's Children/Marc Bolan
- "The Trial" by Pink Floyd

This song, along with another ones on the list, appears on a Pink Floyd album which has numerous songs dealing with mental illness, see The Wall for more information about plot.

- "The Unnamed Feeling" by Metallica
- "The Virus Of Life" by Slipknot
- "The Way She Feels" by Between the Trees (about self-injury)
- "The Wild Man Fischer Story" by Wild Man Fischer
- "They're Coming to Take Me Away Ha-Haaa!" by Napoleon XIV

Released in 1966, this was one of the first popular songs to directly reference mental illness. A siren is used as a sound effect — presumably the authorities are coming to involuntarily commit the vocalist to a mental institution.

- "They're Coming To Take Me Away" by Neuroticfish: A cover of the Napoleon XIV song
- "Things Have Changed" by Bob Dylan
- "This Is Where It Ends" by Barenaked Ladies
- "Thorazine Shuffle" by Savatage
- "Throw Me Away" by Korn
- "Tier" by Rammstein
- "Till My Head Falls Off" by They Might Be Giants

This song includes references to obsessive-compulsive disorder.

- "Today" by The Smashing Pumpkins
- "Tomorrow Tomorrow" by Elliott Smith
- "Tomorrow Will Never Come" by Agalloch
- "Too Close Enough To Touch" by Khanate
- "Too Late I'm Dead" by Korn
- "Torn Apart" by Stabbing Westward
- "Toxicity" by System of a Down
- "Too Much On My Mind" by The Kinks
- "Touch of Grey" by Grateful Dead
- "tourette's" by Nirvana
- "Tourniquet" by Evanescence
- "Tripped Manic State" by CKY
- "Twenty-Four Hours" by Joy Division
- "Twisted" by Joni Mitchell
- "Two Points for Honesty" by Guster

U

- "Uncorrected Personality Traits" by Robyn Hitchcock and the Egyptians
- "Under My Skin" by Mudvayne
- "Undun" by The Guess Who
- "Unwell" by Matchbox Twenty
- "Until It Sleeps" by Metallica
- "Upon The High Horse of Selfdestruction" by Diagnose: Lebensgefah
- "Upstairs" by Wolfsheim

V

- "Various Stages" by Great Lake Swimmers
- "Vermilion" by Slipknot
- "Vermilion, Pt. 2" by Slipknot

- "Veronica" by Elvis Costello
- "Via Chicago" by Wilco
- "View From A Bridge" by Kim Wilde
- "Vincent" by Don McLean
- "Violent Mood Swings" by Stabbing Westward
- "Voices" by Disturbed
- "Voices in my Head" by Denis Leary

W

- "Wait And Bleed" by Slipknot
- "Waiting Around To Die" by Townes Van Zandt
- "Walking on a Thin Line" by Huey Lewis and the News (PTSD)
- "Walk On Water" by Otis Taylor
- "War on Drugs" by Barenaked Ladies
- "War Inside My Head" by Dream Theater
- "War Within" by Hypocrisy(band)
- "Wave of Mutilation" by Pixies
- "Weak and Powerless" by A Perfect Circle
- "Weep for Jamie" by Peter, Paul and Mary
- "Weightless Again" by The Handsome Family
- "Weißes Fleisch (White Flesh)" by Rammstein
- "Welcome Home (Sanitarium)" by Metallica
- "Welcome To My Nightmare" by Alice Cooper
- "Well Adjusted" by MXPX
- "What Am I Living For" by Mark-Almond
- "What Do You Hear In These Sounds" by Dar Williams
- "What Goes On" by The Velvet Underground
- "What's He Building?" by Tom Waits
- "When I Fall" by Barenaked Ladies
- "When She Cries" by Brit Nicole
- "Where Is My Mind?" by Pixies
- "Whiskey in the Jar" by Thin Lizzy
- "Whiskey Man" by The Who
- "Who Can It Be Now?" by Men at Work
- "Who'll Fall" by Coil
- "Why" by Rascal Flatts (anti-suicide)
- "Why Does It Always Rain On Me?" by Travis
- "Why Go" by Pearl Jam
- "Why Kill Time (when you can kill yourself)" by Cabaret Voltaire
- "Why Must I Be Sad?" by They Might Be Giants
- "Wind-Up Toy" by Alice Cooper
- "Withdrawn" by James
- "Woman In The Wall" by The Beautiful South

Y

- "Years Ago" by Alice Cooper
- "Yer Blues" by The Beatles

John Lennon's dark song is explicitly suicidal: "Black clouds cross my mind/Blue mist round my soul/Feel so suicidal/Even hate my rock 'n' roll".

- "You Gotta Be Crazy" by Pink Floyd
- "You Knew Me To The End" by Geri Karlstrom
- "You May Be Right" by Billy Joel
- "Your Evil Soul" by The Spill Canvas
- "Your Sword Versus My Dagger" by Silverstein

Z

- "Zak And Sara" by Ben Folds
- "Zoloft" by the Drive-By Truckers
- "Zoloft" by Ween
- "ZZYZX Rd." by Stone Sour

Psychology Song Project

1. Choose a song and submit lyrics for approval (state in a sentence or two what the song is about) –*lyrics must all fit on one side of a page*

2. Write a 200-250 word analysis of what you think the song is about (must be about 1 page typed and double-spaced). There is no “wrong” analysis as long as you can support your argument.

**Be sure to talk about what you think specific lyrics mean.
Don't just talk about the song in general.*

3. Write an additional 350-500 words (1 ½ - 2 typed double-spaced pages) about the topic that your song is about. You must use at least 2 sources and list them at the end of the paper (google and yahoo.com are not sources!). Additionally, you must cite the sources in parentheses within the body of the paper (usually at the end of each paragraph). If you copy something directly it needs to be in quotation marks! Any information that you use that is not common knowledge or did not come from your head needs to be cited! See me beforehand if you don't know how to do this. Failure to properly cite your paper will result in an “F” grade. The paper should include the following about your chosen disorder/problem:

- description of the disorder/problem
- symptoms
- causes
- treatment
- typical outcome

Due Dates:

Song Chosen and Lyrics submitted

Paper (both parts)
